

Club Kokomo Road Runners

Summer Celebration Solstice Run & Predict-A-Mile

by—David Bruce

Wow! June is over. What a month? I just noticed we have 694 Facebook members and what 210 actual Club members? Club members came out on June 21st for the Wednesday Club run in Highland Park, for the Summer Celebration Solstice Run and the Predict-A-Mile followed by a “Big” summertime picnic! There were 28 participants for this year’s first leg in the members Triple Crown event, the P-A-M. Overall winner was Dani McQuiade who was only .6 seconds off her predicted time followed by Paul Sanders who was only .95 seconds off his. Dani won a Garmin Forerunner 35 for her effort and Paul won a Forerunner 25. The next 6 closest were, Larry Piekarski, Brody Brack, Max Elmore, Cory Dea, Maddie Collins and Jim Gross, all won \$15 gift certificates from Runners Forum Carmel. Three others won door prizes, a nylon backpack with goodies to include a pair of running socks, I heard. Also courtesy Runners Forum. The Club Kokomo Summer Celebration was a total success with over 50 people enjoying the after picnic. If you missed it, here is what the people are saying:

- Cristy H. from Carmel, Thank you to Club Kokomo Roadrunners for inviting the Runners Forum to be a part of your Summer Solstice Prediction Run and Picnic yesterday! It was a great evening!
- Mat S. from Kokomo, Very cool event tonight!
- Dani M. from Kokomo, Thank you David for all your hard work! And thanks for encouraging me to do the mile. I’m so glad I did!
- Robin T. from Kokomo, GREAT IDEA!, GREAT NIGHT! GREAT TURNOUT! GREAT PRIZES! GREAT JOB!



- Bruce S. from Kokomo, This triple crown deal is a great idea! Thanks for all of the work that you have put into it!
- Jenny T. from Indy, Thanks David, Runners Forum and everyone for coming out and bringing food. Was a great time with great food and prizes. Thanks all your work David and everyone involved!
- Carol S. from Kokomo, Yes, thanks David....you ROCK!!

Okay, the next event in the Club’s Triple Crown is CKRR’s crown jewel, the Haynes Apperson 5k on the 1st of July. The “Big Bling” medals are in the process of being made and I should have a teaser soon. The 3rd and final leg will be in August and will be a Downtown 6 mile fun run/walk. All you have to do is finish it for a maximum chance at winning the event. Watch Facebook for further info on the Triple Crown.drink water, Run On!

**CLUB MEETING—MONDAY, JULY 10TH @ 6 P.M. @
PIZZA JUNKIEZ
2930 S WASHINGTON ST., KOKOMO, (ACROSS FROM RURAL KING)
SOCIAL HOUR @ 5P.M. SOFT DRINKS WILL BE PROVIDED**

THE ROADRUNNER

RACE RESULTS

NORRIS INSURANCE 5K RUN
AND WALK
Greentown IN
10-Jun-17

Runners

1. Lewis Duke 16:34
- 2. Kory Kennedy 16:59**
3. Sam Clark 18:29
- 4. Noel Shafer 18:34**
5. Caleb Vogel 19:28
- 6. Byron Bundrent 19:51**
7. Cody Young 20:19
8. Sean Simpson 20:32
9. Phillip Vogl 20:40
- 10. Paul Sanders 21:08**
11. Chris Lasley 21:11
12. Brent Munro 21:52
13. Olivia Lushin 21:55 (1st Female)
14. Kimberly Lane 22:30
15. John Simpson 22:44
- 16. Brody Brack 22:47**
17. Emma Marley 22:47
- 18. Ella Kantz 22:57**
19. Gary Williams 23:04
20. Hannah Lushin 23:05
21. Jack Johnson 23:15
- 22. Phil Rozzi 23:43**
23. Derek Flook 23:53
24. Molly Flook 23:53
- 25. Ronnie Greene 23:57**
26. Hidi Shoemaker 24:11
- 27. Bronwyn Getts 24:13**
28. Hannah High 24:23
29. Gary Callahan 24:28
30. Mark Bradford 24:39
31. Carly Jones 24:43
32. Sarah Manuel 24:44
- 33. Ethan Snyder 24:49**
- 34. Michelle Ludlow 24:49**
- 35. Ann Kantz 24:51**
36. Doug Hohenberger 24:56
- 37. Noah Hughes 25:40**
38. Doug Smithee 25:51
39. Alivia Ford 25:57
40. Melissa Goad 25:59
- 41. Larry Piekarski 26:38**
42. Kristi Replogle 26:43
- 43. Anna Rangel 26:47**
- 44. Keith McAndrews 27:06**
- 45. Charlie Skoog 27:12**

- 46. Adrienne Shepherd 27:27**
- 47. Max Elmore 27:32**
- 48. Anna Bullock 27:46**
- 49. Mark Shorter 27:51**
- 50. Kirk Kennedy 27:56**
51. Don Curry 28:08
- 52. Ashley Shanks 28:17**
- 53. Keith Hill 28:17**
54. Kasey Wall 28:27
55. Olivia Vogl 28:29
- 56. Cara McKeller 28:36**
57. Rosellen Connolly 28:54
58. Frank Greene 28:55
- 59. Michael Graham 28:58**
60. Connie Gamble 29:06
- 61. Emilie Hubbard 29:37**
- 62. Johnathan McQuaide 29:56**
63. Jennifer Miller 30:01
64. Angie Gollner 30:25
- 65. David Hughes 30:31**
- 66. Ann Hubbard 31:16**
67. Grace Meissnest 31:16
68. Marg Stidham 31:18
- 69. Scot Hamilton 31:28**
- 70. Emma Kahn 32:21**
- 71. Aaron McQuiston 32:25**
- 72. Robin Tetrault 32:25**
- 73. Mike Kantz 32:43**
74. Logan Herring 32:44
75. Victoria Herring 32:44
76. Shane Hillman 32:44
- 77. Danielle McQuaide 33:05**
- 78. Kelsey Koon 33:06**
79. Estella Davis 33:47
80. John Davis 33:48
- 81. John Brack 33:59**
82. Jennifer Adams 34:07
83. Sara Greene 34:08
- 84. Katy Smith 34:12**
- 85. Riley Case 34:54**
- 86. Bruce Savage 35:21**
- 87. Kathy Snyder 35:33**
- 88. JoDee McClish 36:48**
- 89. Robin Cole 37:34**
- 90. Jonah Hughes 38:01**
- 91. Ray Tetrault 38:06**
- 92. Kelly Studebaker 38:38**
93. Amanda Alexander 39:43
- 94. Deb Taylor 39:47**
95. Alicia Hoover 39:48
96. Karlie Atkinson 39:48
- 97. Ricke Stucker 39:55**

- 98. Jenny Tudor 41:20**
 - 99. Alex Studebaker 42:21**
 - 100. Debbie Beachy 42:40**
 - 101. Tony Beachy 42:40**
 102. Larry Brochett 45:15
 - 103. Peggy Billard 45:37**
 - 104. Judy Smith 46:04**
 - 105. Owen Snyder 46:57**
 - 106. Mat Snyder 46:57**
 - 107. Ariana Getts 46:49**
 - 108. Stephanie Hughes 49:37**
 - 109. Warren Tierney 50:29**
 - 110. Sarah Hughes 52:50**
 - 111. Shirley Bugher 67:59**
- Walkers
- 1. Vince Lorenz 26:56**
 2. Ellen Hammitt 30:33
(1st Female)
 3. Tom Powell 32:56
 - 4. Stephen Wilson 35:38**
 - 5. Rick Spencer 37:33**
 - 6. Sharee Bullock 37:36**
 7. Linda Miller 37:44
 - 8. Vernon Keller 38:12**
 - 9. Marianne Wilson 38:14**
 - 10. Jim Gross 39:53**
 - 11. Kevin Whitted 40:42**
 - 12. Debby Berkshire 41:33**
 - 13. Bob McBride 43:22**
 - 14. Mary Miller 44:25**
 - 15. Anita Dillman 45:23**
 16. Stacey Jones 45:34
 - 17. Tony Lorenz 46:48**
 - 18. Robin Michael 47:25**
 - 19. Paul Getts 48:40**
 20. Linda Cardwell 50:10
 21. Candy Jones 50:10
 - 22. Felicia Tierney 50:28**
 - 23. Sue Keller 52:32**
 24. Tonya Powell 52:41
 25. Tommy Cleaver 52:42
 26. Katrina Wise 53:18
 - 27. Carol Savage 54:34**
 - 28. Betty Yard 56:02**

FUN RUN:

1. Emelia Flook 4:30
2. Garrett Condon 4:43
3. Mallory Condon 4:42
4. Kian Kennedy 4:54
5. Debra McDorman 7:54
6. Adam Levi 8:04

July

Birthday's

- 7-3 Deyoe Scott
- 7-3 Lorenz Connie
- 7-4 Leininger Phil
- 7-4 Shanks Ashley
- 7-6 Heck Bill
- 7-7 Bruce David
- 7-7 Bugher Shirley
- 7-8 Dillman Anita
- 7-8 McKellar Cara
- 7-8 Studebaker Kelly
- 7-9 Beachy Debbie
- 7-10 McGinty John
- 7-12 Moore Hannah
- 7-12 Neer Waverly
- 7-14 McQuaide Danielle
- 7-14 Wyman Paul
- 7-14 Wyman Shelly
- 7-15 Kantz Mike
- 7-17 Lorenz Vince
- 7-21 Tappan Myrna
- 7-23 Wright Taliah
- 7-25 Getts Bronwyn
- 7-25 Wright Kelly

THE ROADRUNNER

INSPIRATION FROM MEMBERS

Yankee Springs Trail Run Double Marathon

by Michelle Ludlow

Date: June 3, 2017 City: Middleville, MI Race: Double Marathon (52.4 miles)

Bethany Kirkwood and I wanted to embark on a new journey with our running. On June 3, 2017, we woke up at 4:45 AM in Michigan's Yankee Springs Recreational Area to get ready and get the start line for the Yankee Springs Trail Run Double Marathon! We had packed our bags to leave on the tarp at the start/finish line in case we needed anything extra during the race. We put extra fuel, salt tabs, extra clothes, Nuun tablets (electrolytes), anti-chafing gel, bug spray, sunscreen, etc. in those bags. There was a canopy with a tarp on the ground for us to lay them on.

The course and its organization was amazing! The course was a 13.1 mile loop. The Quad Marathon started at 5:00 AM with an option to start at 4:00AM. They were completing 8 loops. The Double Marathon, which is what we were running, was 4 loops and started at 6:00AM. The Single Marathon was 2 loops and started at 7:00AM. The staggered start time was perfect! The trail was marked with orange flags, and was so well marked that it was easy to know where to go.

Bethany and I talked about how thankful we were that on one of our first trail races our friend, Joe Ely, had shared with us that the key to knowing where to go on a trail was to find out what color flag was for your race and to keep that flag on your right. The trails were single track trails so most of the way it was a single file line. The proper etiquette in trail running is when someone comes up behind you or you come up behind another person, the person in front moves over so that the person coming behind can pass. In addition, it is common courtesy to say something like "Coming up on your left." There was not tension in place or passing, which is common for trail runners. Since the course was winding, in the woods, and had staggered start times, Bethany and I were out there without a lot of other runners in sight most of the time. We would get some runners who would join us for a few miles, and we would learn about them, their lives, and their running experiences. We loved all of these factors about this community of runners and this race.

As far as the aid stations are concerned, they were very strategically placed and had the best food! They had aid stations at 4.0 miles, 7.5 miles, 10.5 miles, and 13.1 miles. They all had water and Gatorade. Most of them later in the day had Coke to drink and one had cold coffee all day. We drank all of it at each station! They all had a variety of sweet and salty snacks: M&Ms, Peanut M&Ms, trail mix, Chex mix, potato chips, oreos, bananas, oranges, crackers, and bacon at one of the aid stations. The first and third stations had peanut butter and jelly sandwiches and grilled cheese cut into fourths, chicken noodle soup, and boiled potatoes in addition to all of the other foods. They also had either an outhouse or port-a-pot to use. The people at all of the aid stations were very kind, helpful, compassionate, and encouraging. They were scheduled to work for 6 hour shifts so we saw most of them twice depending on how we arrived at



Continued—page 4

Yankee Springs Trail.....continued

their station. On the way through the first loop, we did not linger at the aid stations. We spent a few minutes there and took off. With each successive loop, we spent a little more time getting fuel and talking with the volunteers! It was so fun to hear their stories as well! Most of them are runners and had excellent stories and advice to share! We were not in a hurry to make some sort of time so we did not feel rushed through the stations.

The weather was interesting. It was a cooler start in the morning. In the woods, it is always a little cooler than outside of the woods so that was so nice as the day warmed up, especially midday. It was so interesting that as we were running, we would be in one section of woods that was hot and in the next minute it was cool. When it was really hot, we felt refreshed going through those cooler sections. It was also interesting that as the day started out, the birds were chirping and really singing, which was so beautiful. Then we noticed that they were no longer as chatty and the insects were taking over with different noises. As we were finishing, it was interesting that the insects were quiet and the birds were singing again. It was so serene to hear all of these noises and to see all of the various trees, lakes, and underbrush growth throughout the woods. There were so many different kinds of trees and different sections of trees. Our favorite was the section of pines.



Another interesting part of the race, was how hilly it was. The first 4 miles were almost a steady uphill climb. It was still up and downhill on the other sections, but that first section seemed to have the most inclines! The trail had a lot of roots to watch out for and had sections that were all sand that we ran through. We had to keep alert and pay attention to the ground and what was in front of us. On our first loop, I tripped and fell but had a pretty soft landing and nothing was hurt. On our second loop, during the first four mile section, I tripped again. This time I scored a scrape to the knee. I landed pretty hard, and Bethany wondered if I hadn't hurt something more severely. Thankfully, it was only a scraped knee! However, at that point, Satan decided to try to get in my head and defeat me. He tried to make me second guess a lot of things. So I refuted that aloud, and he didn't win. Not today, Satan, not today!!!! After that, I had no more difficulties with tripping or mentally with the race.

The mental part of the race is just as important as the running itself. Mentally, I felt like we were strong and were able to persevere throughout the race. It was so helpful to have the predictability of the way they had the aid stations layed out pretty evenly, and the predictability of the four loops was perfect! I'm so thankful that God gave me the strength mentally and physically to complete this race! I am also overjoyed that He sent me a running partner, Bethany, to run the entire race with who shares the same interests.

After 13 hours, 49 minutes, and 30 seconds, we finished the Double Marathon!!! We were so happy to see that finish line! We finished smiling and howling like we always do. 😊 We received mugs for finishing! Later, they told us to see if we placed. So when we went and checked, we were excited to see that Bethany came in 2nd for her age group and I had placed 3rd in my age group! It was such a pleasant surprise! We received medals, trucker hats, and coupons as awards! Then we enjoyed the yummy taco bar they had waiting.

If you have never tried a trail race, it is definitely a different experience from road races. I would highly suggest running one at least once. You never know how much you might enjoy it!!!

INSPIRATION FROM MEMBERS



Club Kokomo Shirts

We received a great response to the special Club Shirt that was given to those who pre-registered for the Haynes Apperson. We received several pre-registrations both online and via mail and were a little short of shirts for the day of our race. But don't fear, we are placing an order to fulfill those registrations.

If you preregistered and did not receive your Club Kokomo Roadrunners shirt, please contact Linda Kendall @ 765-860-4564.

We are also extending this order opportunity to everyone as we have received notice from several who would like to purchase a shirt for themselves.

Payment due at time of order

Cost \$10

Size options— Dri-FIT shirts

Youth S / M / L / XL / XXL

Unisex S / M / L / XL / XXL

Please contact Linda Kendall @ 765-860-4564 to place your order.

ORDERS DUE BY JULY 24TH

2017 POINTS STANDING

THE ROADRUNNER

Runner 0-12

Female

Hughes, Sarah 47-3
Moore, Hannah 20-1
Wyman, Sophia 20-1
Riggle, Gretchen 15-1

Male

Snyder, Ethan 115-6H
Studebaker, Alex 107-7H
Moore, Corey 20-1
Van Horn, Jacob 20-1
Weitzel, Ben 15-1
Moore, Kobi 12-1
Snyder, Owen 12-1

Runner 13-19

Female

Getts, Bronwyn 35-2
Kantz, Ella 20-1
Bullock, Anna 12-1
Kahn, Emma 10-1

Male

Brack, Brody 100-5
Hughes, Jonah 42-3
Hughes, Noah 35-2

Runner 20-24

Female

Koon, Kelsey 130-7H
Hubbard, Emilie 60-3H
Getts, Ariana 27-2

Runner 25-29

Female

Kirkwood, Bethany 80-4UM
Shephard, Adrienne 20-1

Male

Kennedy, Kory 140-7H

Runner 30-34

Female

McQuaide, Danielle 100-5HH
Massey, Tiffany 40-2
Hurlburt, Holly 20-1

Male

Snyder, Mat 132-7HH
McQuaide, Johnathan 120-7HH
Kennedy, Kirk 40-2H

Walker 30-34

Female

Kowalski, Stacy 20-1V

Male

Lorenz, Vince 140-7H

Runner 35-39

Female

Ludlow, Michelle 112-6UM
Tudor, Jenny 100-6H
Van Horn, Jennifer 60-3H
Wright, Kelly 20-1H

Shanks, Ashley 15-1
Smith, Katy 12-1

Male

Riley, Jacob 40-2H

Runner 40-44

Female

Hughes, Stephanie 55-3
Kantz, Anne 20-1

Male

Craig, Aaron 80-4HV
Hill, Keith 40-2H
Wright, Maurice 20-1H
McQuiston, Aaron 15-1
Kantz, Mike 12-1

Walker 40-44

Female

Smock, Lea 20-1

Runner 45-49

Female

Beachy, Debbie 104-6H
Moore, Tami 60-3H
Wyman, Shelly 35-2H
Brack, Staci 15-1
Weitzel, Patty 15-1

Male

Shafer, Noel 120-6MHH
Brack, John 82-5
Piekarski, Larry 79-5HH
Wyman, Paul 50-3H
Getts, Paul 30-2
Riggle, Scott 12-1
Weitzel, Virgil 10-1

Walker 45-49

Female

Savage, Carol 75-4
Bullock, Sheree 20-1

Runner 50-54

Female

McKellar, Cara 120-6H
Hubbard, Ann 105-6H
Anderson, Kim 20-1H

Male

Graham, Michael 100-6V
Sanders, Paul 80-4H
Moore, Ron 35-2H
Bruce, David 32-2
Deyoe, Scott 20-1H
Neer, Dana 20-1H
Beachy, Tony 12-1

Walker 50-54

Female

Kestle, Sherry 120-6HH
Tierney, Felicia 105-6V

Runner 55-59

Female

Studebaker, Kelly 109-7H
Taylor, Deb 62-4
Snyder, Kathy 55-3
McClish, Jodee 35-2
Upchurch, Anita 20-1H

Male

Tierney, Warren 100-7H
Rozzi, Phil 90-5H
Savage, Bruce 64-4
Tetrault, Ray 55-4V
Bundrent, Byron 40-2
Schoenrad, Mike 32-2H

Walker 55-59

Female

Berkshire, Debby 115-7HH
Wilson, Marianne 100-5
Miller, Mary 52-3V
Deyoe, Chari 20-1H

Male

Whitted, Kevin 80-4H

Runner 60-64

Female

Rangel, Anna 120-6H
Tetrault, Robin 80-5
Cole, Robin 24-2

Male

Deardorff, Mike 112-6H
Elmore, Max 102-7H
Shorter, Mark 72-4H
McAndrews, Keith 70-4H
Townsend, Greg 20-1V
Hamilton, Scot 10-1

Walker 60-64

Female

Wall, Jan 100-5H
Keller, Sue 85-5
Yard, Betty 81-6

Male

Wilson, Stephen 80-4
Spencer, Rick 60-4

Runner 65-69

Female

Billiard, Peggy 100-5H
Bugher, Shirley 52-3V
Smith, Judy 15-1

Male

Stucker, Ricke 62-4
Greene, Ron 60-3MH
Leininger, Phil 40-2
Chew, Fred 35-2H
Kilcline, Steve 20-1
Miklik, Tom 20-1H
Skoog, Charlie 15-1

Walker 65-69

Female

Townsend, Jeannie 20-1V

Male

Wall, Greg 100-5H
Keller, Vernon 92-5RD
Michael, Robin 82-6H
Lorenz, Toney 51-4
Whitted, Terry 50-3

Runner 70-74

Male

Hughes, David 120-6H

Walker 70-74

Female

Dillman, Anita 140-7HH
Brown, Diane 20-1V

Male

McBride, Bob 80-4

Runner 75-79

Male

Peters, John 20-1

Walker 75-79

Male

Gross, Jim 80-4
Mohr, John 70-4H
Coughlin, Dan 20-1V
Shuey, Stan 20-1V

Runner 80+

Male

Case, Riley 40-2

Points Of Interest

- With near perfect weather for running, **Larry Piekarski** ran his 1st ever Mississinewa Mini 1/2 marathon on June 25th finishing with a time of 2:01:56.
- **Peggy Billiard** participated in the Flora Hog Jog 10K on June 17th. Her time was 1:37:59.
- **Bethany Kirkwood and Michelle Ludlow** completed the double marathon at the Yankee Springs Trail Run (52.4 miler) with a time of 13:49:28 and 13:49:30.

2017 CLUB RACE SCHEDULE

1-Jul Haynes 5K (V)

5K Run/Walk
Time: 8 a.m.
Kokomo Municipal Stadium
Contact: Mike Anderson

8-Jul Race for Grace

5K Run
Time: 8 a.m.

15-Jul Panther Prowl 5K

5K Run/Walk
Time: 8 a.m.
Russiaville, IN
Contact: Gary Jewell

22-Jul Jerome Water 5K

Time: 8 a.m.
Jerome Christian Church
Contact: Ryan Horner

5-Aug Norris-Converse

5K Run/Walk
Time: 8 a.m.
Converse, IN
Contact: John Norris

26-Aug Running the Shores 5K

5K Run/Walk
Time: 8 a.m.
Champaign Shores
Contact: Todd Moser

2-Sep Steps for Recovery

5K Run/Walk
Time: 8 a.m.
Location: Gilead House
Contact: Carol Savage

9-Sep HESP

5K Run/Walk
Time: 8 a.m.
Kokomo High School
Contact: Vicki Boles

23-Sep Bee Bumble

5K / 10K Time:
8 a.m. Burnettsville, IN
Contact: Don Hurd

30-Sep Saints on the Run

5K Run Walk
Time: 8 a.m.
Location St Joan Campus
Contact: Heather Weber

7-Oct Cole Porter

5K Run/Walk, 15K Run
Time: 9 a.m.
Circus Bldg, Peru, IN
Contact: Jim Yates

11-Nov CK Charity Run 5K (V)

5K Run/Walk
20 Points for each finisher
Time: 9 a.m.
Location: ???
Contact: Jeannie Townsend

23-Nov CK Cares 5K (V)

5K Run/Walk
Time: 8 a.m.
Highland Park
Contact: Tetraults & Shorter

2-Dec Rudolph 5K

5K Run/Walk
Time: 8 a.m.
Kokomo Public Library
Contact: Ashley Shanks

31-Dec CK NYE 5K (V)

5K Run/Walk
Time: 2 PM
Highland Park
Contact: Vern & Sue Keller

Jackie Sanders Miracle Mile & Joe Kidd Rangel Races Free to ALL—at Highland Park - Registration at concession stand

Joe Kidd Rangel 5K—5 p.m. Jackie Sanders Miracle Mile—5:45 p.m.

CKRR Summer Solstice 5K and Predict-A-Mile runs.

Highland Park June 21, 82° mostly sunny.

5k runners, I know more than 15 people did the Summer Solstice 5K, but that is all that put down their times.

Predict-A-Milers

- Dani McQuaide 11:30.50 ~ + 0.6
- Paul Sanders 8:25.50 ~ + 0.95
- Larry Piekarski 8:20.13 ~ - 3.35
- Pete Bradshaw 6:05.61 ~ - 3.66
- Brody Brack 6:20.06 ~ + 5.79
- Max Elmore 8:47.63 ~ + 7.13
- Cory Dea 5:32.10 ~ - 8.85
- Maddie Collins 8:42.47 ~ + 12.12
- Jim Gross 12:29.76 ~ + 12.36
- John Brack 6:47.71 ~ + 12.58
- Ron Greene 9:16.79 ~ + 16.58
- Ethan Snyder 7:30.28 ~ - 19.96
- Bruce Savage 10:26.25 ~ - 22.86
- Anna Bullock 9:04.26 ~ - 25.74
- Jenny Tudor 11:35.31 ~ + 30.16
- Ben Weitzel 12:07.08 + 33.92
- Mat Snyder 6:49.86 ~ - 40.53
- Julyne Spidell 7:06.45 ~ + 41.12
- Keith Hill 7:48.73 - 41.27
- Staci Brack 9:10.33 ~ - 42.24
- Kayla Bullock 7:44.23 ~ + 53.74
- Ann Hubbard 12:11.80 + 1:16.48
- Sheree Bullock 15:21.55 ~ - 1:21.51
- Carol Savage 15:21.14 ~ - 1:21.92
- Leah Snyder 20:06.03 ~ - 2:38.47
- Owen Snyder 20:03.41 ~ - 2:39.74
- Valerie Snyder 20:05.40 ~ - 2:40.97
- Lea Smock 14:37.80 ~ + 3:12.50

- Paul Sanders 23:14
- Julyne Spidell 24:33
- Ron Greene 24:52
- Corey Dea 24:56
- Max Elmore 28:26
- Ashley Shank 29:11
- Keith Hill 29:11
- Staci Brack 31:31
- Ann Hubbard 35:12
- Aaron McQuiston 36:26
- Dani McQuaide 37:14
- Sheree Bullock 38:58
- Lea Smock 39:39
- Simone Bruce 42:13
- Werner Rietz 49:52

No time sign ins:

Brody Brack
Mat Snyder
Kayla Bullock
Anna Bullock
Adrienne Shepard
Larry Piekarski

self timing

Run On



See our Facebook
page for more
pictures

CKRR CLUB MEETING JUNE 12, 2017

1. President Patty Weitzel opened the meeting at 6 p.m. then asked Carol to open in prayer.
 2. Vern Keller made a motion to accept minutes from May's meeting, seconded by David Bruce Motion passed.
 3. Mark Shorter gave a treasure's report. Sound system expense split between general ledger accounts of Coyote Kids and General Fund.
 4. Sue Keller is working on inventorying and organizing the shed area.
 5. New clock has not yet been ordered.
 6. Carol Savage and Patty Weitzel have yet to get to bank to be added onto account.
 7. Haynes Apperson—T-shirt design is complete for the CKRR shirt which will be given to those who pre-register. Noted that the news paper had several errors.
 8. Summer Solstice Race and Predict—A-Mile set for this month and will be followed with a picnic.
 9. Interest has been expressed for a couch to 5K program. David Bruce is willing to oversee, but would wait until August after the Triple Crown. Patty Weitzel will investigate for possible locations and use of area school track for program.
 10. Linda Kendall made a motion to allow Running the Shores to use equipment for upcoming race. Second by Vern Keller and motion passed.
 11. Newsletter delivery date— it was posed that the newsletter may want to be published at a different time during the month because of the club meeting and the minutes within the newsletter. To help communicate in the future, the club meeting minutes will be published in draft form on Facebook so members will be able to view prior to the follow months meeting.
 12. Hall of Fame was discussed regarding the policy to add members and then the notification to the inductees to ensure their ability to attend their induction. Also the Hall Of Fame list will be published on the club website.
 13. Vern Keller brings up discussion regarding the need to review the By Laws and update as needed. Patty Weitzel agreed and will put this on the agenda for the fall to have a committee review and made recommendations.
- Meeting adjourned

Those members in attendance were: Patty Weitzel, Joe Yeagle, Jeannie & Greg Townsend, David Bruce, Mark Shorter, Jenny Tudor, Diana Brown, Stan Shuey, Bruce and Carol Savage, Linda Kendall, and Sue and Vern Keller



CLUB KOKOMO ROAD RUNNERS

2936 Congress Drive, Kokomo, IN 46902

We're on the WEB—

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